

All aboard the Shine bus!



Shine Cancer Support's vision is that every adult in the UK living with and beyond cancer in their 20s, 30s or 40s can access the support that they need, in a way that suits their lifestyle. Each Shine network is entirely run by volunteers who have (or have had) cancer, so we believe that we are best placed to support other young adults when they get a cancer diagnosis. It is crucial to us that our name is spread more widely so we can help more people like us.



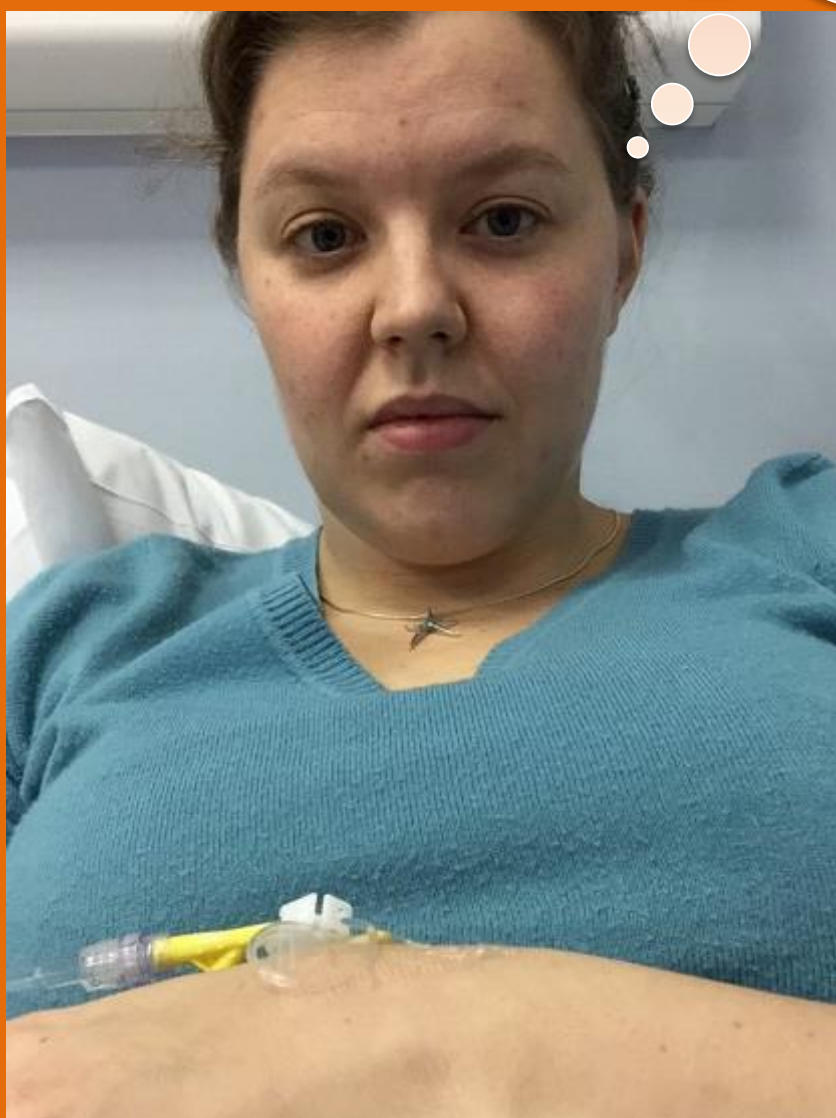
Getting a cancer diagnosis is tough at any age, but when you're a young adult it can be particularly isolating. Too old for child and teenage cancer charities, and too young for more traditional support networks, those in their 20s, 30s and 40s have to juggle surgery and treatment with their careers, young families, new relationships, and so much more. Shine gives everyone a chance to take a break from putting on a brave face, instead just spending time with others who understand exactly what they're going through.



SHINE
Cancer Support

From this...

"I'm too tired to be 'brave and inspirational' today..."



SHINE
Cancer Support

... to this!

“We get it!!!”



SHINE
Cancer Support

Shine Oxford meets in pubs and cafes across the city, as well as running picnics, punting days, yoga sessions, theatre trips and so much more! We don't sit around in a circle taking turns to 'talk about our journey', and we don't just talk about cancer – any topic is fine by us.

We also help put together national Shine events, such as conferences, retreat weekends and family camps so that those living further away can still get the benefit of spending time with other young adults affected by cancer.



SHINE
Cancer Support

“Shine Oxford feels like going to the pub with your mates, but without having to put the filter on.” ~ Shine Oxford member



“My parents said I was like a different person on the way home. It was so nice to be able to talk without the worry of upsetting someone or saying the wrong thing!” ~ Shine Oxford member



SHINE
Cancer Support

Everyone loves stats

- Shine Oxford started in 2016 and has run over 30 events since then
- There are 14 local Shine networks across the UK
- 95% of members feel better supported and less isolated after attending a Shine event
- Only 25% of people find out about Shine from their hospital. Clearly we need better ways to make people hear about us – so how about a Shine bus?!



Local partnerships

Shine Oxford has been supported by some wonderful local organisations, and we would love to add the Oxford Bus Company to the list!



St Hilda's College
UNIVERSITY OF OXFORD



Thank you!



SHINE
Cancer Support