

# Brand The Bus

My name is Emmyleigh Buchan, I am 27 years old and I was born and bred in Abingdon-On-Thames. This is my presentation as to why I am nominating the charity, Target Ovarian Cancer for this competition.

# Target Ovarian Cancer

## Who Are Target Ovarian cancer?

Target Ovarian Cancer is the UK's leading ovarian cancer charity. They work to:

improve early diagnosis,  
fund life-saving research,

provide much-needed support to women with ovarian cancer

They are the only charity fighting ovarian cancer on all three of these fronts, across all four nations of the UK. Ovarian cancer can be devastating. But there is hope – Target Ovarian Cancer. They work with women, family members and health professionals to ensure they target the areas that matter most for those living with ovarian cancer.

# Did you know?

- Ovarian Cancer can be diagnosed a lot sooner if research can continue to progress to find a screening program for an earlier diagnosis.
- Ovarian Cancer symptoms are so 'simple' that many women don't think anything of them when they do have them.
- Most cases of Ovarian Cancer are diagnosed at Stage 3 – something that can be changed with enough awareness, research and funds.
- Women can NOT wait for a speedier way to be diagnosed of this illness.
- For all types of ovarian cancer, the 5-year relative survival is 47%. Women diagnosed when they are younger than 65 do better than older women. If ovarian cancer is found (and treated) before the cancer has spread outside the ovary (stages IA and IB), the 5-year relative survival rate is 92%

# Do you know the symptoms of Ovarian Cancer?

**bloated tummy?  
need to wee more?  
tummy pain?  
always feeling full?**

If you have any of these symptoms more than 12 times a month and they are not normal for you, it is important that you see your GP

Please share this to let women know the symptoms of ovarian cancer

**Early diagnosis saves lives**

**[targetovariancancer.org.uk/symptoms](http://targetovariancancer.org.uk/symptoms)**



# Why have I chosen Target Ovarian Cancer?

I have chosen this charity as it is one very close to my heart. On Sunday 13<sup>th</sup> August 2017 I lost my best friend, my other half to this heartbreaking illness – my Nanny. She endured a year long battle before she lost her battle. By this time, she had gone from her Stage 3 diagnosis to Stage 4 and we were told her condition was now terminal and could only be managed but, they had no idea how long it could be managed for.

Over the course of the year, it came to light that my Nan had suffered the symptoms for Ovarian Cancer long before she visited the GP concerned and this was after she had found it difficult to breathe and was quickly drained of any energy she had. This resulted in a weekend stay at The John Radcliffe hospital to endure multiple tests to find out what had made her so poorly.

The likely hood is, the diagnosis could have been made 3 or 4 months earlier IF she had been aware what she was experiencing was symptoms of Ovarian Cancer, if GP's had better knowledge and training on Ovarian Cancer and if there was a quicker, more prompt way to test and diagnose this illness.

# It's time to Take OVAR

It's time to spread the word, Ovarian Cancer is a big killer for us women and there is a charity out there to help support the patients and their loved ones in accepting the illness, coping with the illness, live during and after Ovarian Cancer. It's time to speak up and take a stand, together to fight against Ovarian Cancer.

# We need your help!

This is my appeal to you to consider this charity for your Brand The Bus competition because, I wholeheartedly believe that changes can happen regarding ovarian Cancer and that, changes WILL happen with much needed awareness, medical training, research for more prompt and direct diagnosis as well as support for the patient and their loved ones.