

Monday to Friday

From Plymouth/Torpoint	70	70	70	70	70	70	70	70	70	70	70	70A	70A	70A	70B	70B	70A	
Tregantle Fort	0606	0636	0707	0807	0907	1007	1107	1207	1307	1407	1541	1540	1613	1713	1815	1920	2050	2339
Whitsand Bay Holiday Park	0614	0644	0715	0815	0915	1015	1115	1215	1315	1415	1549	↓	1621	1721	1823	1926	2056	2345
Cawsand Triangle	0622	0652	0723	0825	0925	1025	1125	1225	1325	1425	1559	↓	1631	1731	1833	1934	2104	2353
Kingsand Coombe Park	0624	0654	0725	0827	0927	1027	1127	1227	1327	1427	1601	↓	1633	1733	1835	1936	2106	2355
Higher Tregantle Farm	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	1543	↓	↓	↓	↓	↓	↓
Millbrook Car Park	0629	0659	0730	↓	↓	↓	↓	↓	↓	↓	↓	1606	1549	↓	1840	1941	2111	0000
Anderton Turning	0636	0706	0737	0833	0933	1033	1133	1233	1333	1433	↓	1556	1639	1739	1846	↓	↓	↓
Cremyll Edgcombe Arms (arrive)	0639	0709	0740	0837	0937	1037	1137	1237	1337	1437	↓	1600	1643	1743	1850	↓	↓	↓
Shuttle Service (connections in YELLOW)	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓
Cremyll Edgcombe Arms (depart)	↓	↓	0830	0930	1030	1130	1230	1330	1430	↓	1600	→	1635	1735	↓	↓	↓	↓
Anderton Turning	↓	↓	0833	0933	1033	1133	1233	1333	1433	↓	1603	↓	1638	1738	↓	↓	↓	↓
Millbrook opp Dam	↓	↓	0836	0936	1036	1136	1236	1336	1436	↓	1606	↓	1641	1741	↓	↓	↓	↓
Millbrook opp The Quay	↓	↓	0839	0939	1039	1139	1239	1339	1439	↓	1609	↓	1644	1744	↓	↓	↓	↓
Insworke Millpool Road (arrive)	↓	↓	0842	0942	1042	1142	1242	1342	1442	↓	1612	↓	1647	1747	↓	↓	↓	↓
Millbrook Millpool Road (depart)	↓	↓	0843	0943	1043	1143	1243	1343	1443	↓	1613	↓	1648	1748	↓	↓	↓	↓
Millbrook The Quay	↓	↓	0845	0945	1045	1145	1245	1345	1445	↓	1615	↓	1650	1750	↓	↓	↓	↓
Millbrook Dam	↓	↓	0848	0948	1048	1148	1248	1348	1448	↓	1618	↓	1653	1753	↓	↓	↓	↓
Cremyll Edgcombe Arms (arrive)	↓	↓	0855	0955	1055	1155	1255	1355	1455	↓	1625	→	1700	1800	↓	↓	↓	↓
To Plymouth (connections in BLUE)	70B	70	70A	70	70	70	70	70	70	70	70	70	70	70A	70A	70B	70A	70
Cremyll Edgcombe Arms (depart)	0650	0740	0748	0910	1010	1110	1210	1310	1410	1510	↓	1615	1710	1810	1905	↓	↓	↓
Millbrook Car Park	0700	0755	0800	↓	↓	↓	↓	↓	↓	↓	↓	1615	1625	↓	1915	2005	2115	0005
Kingsand Coombe Park	0704	0759	↓	0919	1019	1119	1219	1319	1419	1519	↓	1629	1719	1819	1919	2009	2119	↓
Cawsand Triangle	0707	0802	↓	0922	1022	1122	1222	1322	1422	1522	↓	1632	1722	1821	1921	2011	2121	↓
Whitsand Bay Holiday Park	0714	0809	↓	0929	1029	1129	1229	1329	1429	1529	↓	1639	1729	1828	1928	2018	2128	↓
Millbrook West End Terrace	↓	↓	0803	↓	↓	↓	↓	↓	↓	↓	↓	1618	↓	↓	↓	↓	↓	0008
Higher Tregantle Farm	↓	↓	0807	↓	↓	↓	↓	↓	↓	↓	↓	1620	↓	↓	↓	↓	↓	0010
Tregantle Fort	0722	0817	0809	0937	1037	1137	1237	1337	1437	1537	1622	1647	1737	1835	1935	2025	2135	0012
Services continue from Tregantle Fort to Torpoint and Plymouth																		

Saturday

From Plymouth/Torpoint	70	70	70	70	70	70	70	70	70	70A	70A	70A	70B	70B	70A			
Tregantle Fort	0606	0707	0807	0907	1007	1107	1207	1307	1407	1507	1613	1713	1813	1920	2050	2339		
Whitsand Bay Holiday Park	0614	0715	0815	0915	1015	1115	1215	1315	1415	1515	1621	1721	1821	1926	2056	2345		
Cawsand Triangle	0622	0723	0825	0925	1025	1125	1225	1325	1425	1525	1631	1731	1831	1934	2104	2353		
Kingsand Coombe Park	0624	0725	0827	0927	1027	1127	1227	1327	1427	1527	1633	1733	1833	1936	2106	2355		
Higher Tregantle Farm	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓		
Millbrook Car Park	0629	0730	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	1838	1941	2111	0000
Anderton Turning	0636	0737	0833	0933	1033	1133	1233	1333	1433	1533	1639	1739	1845	↓	↓	↓		
Cremyll Edgcombe Arms (arrive)	0639	0740	0837	0937	1037	1137	1237	1337	1437	1537	1643	1743	1848	↓	↓	↓		
Shuttle Service (connections in YELLOW)	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓		
Cremyll Edgcombe Arms (depart)	↓	↓	0830	0930	1030	1130	1230	1330	1430	1530	1635	1735	↓	↓	↓	↓		
Anderton Turning	↓	↓	0833	0933	1033	1133	1233	1333	1433	1533	1638	1738	↓	↓	↓	↓		
Millbrook opp Dam	↓	↓	0836	0936	1036	1136	1236	1336	1436	1536	1641	1741	↓	↓	↓	↓		
Millbrook opp The Quay	↓	↓	0839	0939	1039	1139	1239	1339	1439	1539	1644	1744	↓	↓	↓	↓		
Insworke Millpool Road (arrive)	↓	↓	0842	0942	1042	1142	1242	1342	1442	1542	1647	1747	↓	↓	↓	↓		
Millbrook Millpool Road (depart)	↓	↓	0843	0943	1043	1143	1243	1343	1443	1543	1648	1748	↓	↓	↓	↓		
Millbrook The Quay	↓	↓	0845	0945	1045	1145	1245	1345	1445	1545	1650	1750	↓	↓	↓	↓		
Millbrook Dam	↓	↓	0848	0948	1048	1148	1248	1348	1448	1548	1653	1753	↓	↓	↓	↓		
Cremyll Edgcombe Arms (arrive)	↓	↓	0855	0955	1055	1155	1255	1355	1455	1555	1700	1800	↓	↓	↓	↓		
To Plymouth (connections in BLUE)	70B	70A	70	70	70	70	70	70	70	70	70A	70A	70B	70A	70			
Cremyll Edgcombe Arms (depart)	0650	0800	0910	1010	1110	1210	1310	1410	1510	1610	1710	1810	1905	↓	↓			
Millbrook Car Park	0700	0810	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	1915	2005	2115	0005
Kingsand Coombe Park	0704	0814	0919	1019	1119	1219	1319	1419	1519	1619	1719	1819	1919	2009	2119	↓		
Cawsand Triangle	0707	0817	0922	1022	1122	1222	1322	1422	1522	1622	1722	1821	1921	2011	2121	↓		
Whitsand Bay Holiday Park	0714	0824	0929	1029	1129	1229	1329	1429	1529	1629	1729	1828	1928	2018	2128	↓		
Millbrook West End Terrace	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	0008		
Higher Tregantle Farm	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	0010		
Tregantle Fort	0722	0832	0937	1037	1137	1237	1337	1437	1537	1637	1737	1835	1935	2025	2135	0012		
Services continue from Tregantle Fort to Torpoint and Plymouth																		

Connections from Plymouth to Millbrook are shown in YELLOW
 Connections from Millbrook to Plymouth are shown in BLUE

