

**Southwold - Kessingland - Lowestoft - Gorleston - Great Yarmouth**  
**Great Yarmouth - Acle - Norwich**

**61**  
**7**

Mondays to Saturdays	61	61	61	61	61	61	61	61	61	61	61
Southwold, Pier	NS						NSch	Sch			
Southwold, Kings Head				0700	0720NS	0740	0740	0800NS	0830		0925
Reydon, Jermyns Road				0704	0724NS	0744	0744	0804NS	0834		0934
Wangford, Church				0711	0731NS	0751	0751	0811NS	0841		0941
Wrentham, Chapel Road				0717	0737NS	0757	0757	0817NS	0847		0947
Kessingland, opp.Africa Alive			0645NS	0725	0745NS	0805	0805	0825	0855	0925	0955
Kessingland, Wash Lane			0648NS	0728	0748NS	0808	0808	0828	0858	0928	0958
Kessingland, Field Lane			0650NS	0730	0750NS	0810	0810	0830	0900	0930	1000
Pakefield, London Road, Pontins			0653NS	0733	0753NS	0813	0813	0833	0903	0933	1003
Pakefield, Morrisons			0655NS	0735	0755NS	0815	0815	0835	0905	0935	1005
Pakefield, School							0821				
Pakefield, Tramway			0659NS	0739	0759NS	0819	0825	0839	0909	0939	1009
Lowestoft, Asda			0704NS	0744	0804NS	0824	0830	0844	0914	0944	1014
Lowestoft, Rail Station, Bus Interchange			0707NS	0747	0807NS	0827	0833	0847	0917	0947	1017
Lowestoft, Bus Station			0710NS	0750	0810NS	0830	0836	0850	0920	0950	1020
Lowestoft, Bus Station, Stand 10	0610	0640NS	0710	0750	0825		0836	0855	0925	0955	1025
opp Lowestoft College, St. Peters Street	0614	0644NS	0714	0754	0829		0840	0859	0929	0959	1029
Lowestoft, Fir Lane	0616	0646NS	0716	0756	0831			0901	0931	1001	1031
Gunton, Weston Road Shops	0620	0650NS	0720	0800	0835			0905	0935	1005	1035
Tesco, Leisure Way, for P'wood Hills	0623	0653NS	0723	0803	0838			0908	0938	1008	1038
Hopton, Lowestoft Road	0629	0659NS	0729	0809	0844			0914	0944	1014	1044
James Paget Hospital	0604	0634	0704	0734	0814	0849		0919	0949	1019	1049
Gorleston, Middleton Road	0607	0637	0707	0737	0817	0852		0922	0952	1022	1052
Gorleston, Church Lane	0608	0638	0708	0738	0818	0853		0923	0953	1023	1053
Gorleston, High Street	0610	0640	0710	0740	0820	0855		0925	0955	1025	1055
Yarmouth, opp Matalan	0616	0648	0718	0748	0828	0903		0933	1003	1033	1103
Yarmouth, Market Gates	0620	0653	0723	0753	0833	0908		0938	1008	1038	1108
most buses continue to Norwich											
Mondays to Saturdays	7	7	7	7	7	7	7	7	7	7	7
Yarmouth, Market Gates, Stand G	0625	0655	0725	0755	0835	0910		0945	1015	1045	1115
Acle, Kings Head	0640	0710	0740	0810	0850	0925		1000	1030	1100	1200
Yarmouth Rd, opp Broadland Business Pk	0652	0722	0752	0822	0902	0937		1012	1042	1112	1212
Yarmouth Road, opp. St. Andrews Avenue	0655	0725	0756	0826	0905	0940		1015	1045	1115	1215
Norwich Rail Stn, Thorpe Rd, Stand DE	0702	0732	0805	0835	0912	0947		1022	1052	1122	1222
Norwich, Castle Meadow	0706	0736	0810	0840	0916	0951		1026	1056	1126	1226
Norwich, Bus Station	0709	0739	0814	0844	0919	0954		1029	1059	1129	1229

	61	61
then at these mins past each hour	25	30
	34	41
	47	55
	58	00
	03	05
	09	14
	17	20
	25	29
	31	35
	38	44
	49	52
	53	55
	03	08
	7	7
then at these mins past each hour	15	30
	42	45
	52	56
	59	29

	61	61	61	61	61	61	61	61	61	61	61
	NS	S									
	1425	1430	1434	1441	1447	1455	1458	1459	1501	1505	1514
	1525	1530	1534	1541	1547	1555	1558	1559	1601	1605	1614
	1625	1630	1634	1641	1647	1655	1658	1659	1701	1705	1714
	1725	1730	1734	1741	1747	1755	1758	1759	1801	1805	1814
	1825	1830	1834	1841	1847	1855	1858	1859	1901	1905	1914
	1925	1930	1934	1941	1947	1955	1958	1959	2001	2005	2014
	2025	2030	2034	2041	2047	2055	2058	2059	2101	2105	2114
	2125	2130	2134	2141	2147	2155	2158	2159	2201	2205	2214
	2225	2230	2234	2241	2247	2255	2258	2259	2301	2305	2314
	2325	2330	2334	2341	2347	2355	2358	2359	2401	2405	2414
	2425	2430	2434	2441	2447	2455	2458	2459	2501	2505	2514
	2525	2530	2534	2541	2547	2555	2558	2559	2601	2605	2614
	2625	2630	2634	2641	2647	2655	2658	2659	2701	2705	2714
	2725	2730	2734	2741	2747	2755	2758	2759	2801	2805	2814
	2825	2830	2834	2841	2847	2855	2858	2859	2901	2905	2914
	2925	2930	2934	2941	2947	2955	2958	2959	3001	3005	3014
	3025	3030	3034	3041	3047	3055	3058	3059	3101	3105	3114
	3125	3130	3134	3141	3147	3155	3158	3159	3201	3205	3214
	3225	3230	3234	3241	3247	3255	3258	3259	3301	3305	3314
	3325	3330	3334	3341	3347	3355	3358	3359	3401	3405	3414
	3425	3430	3434	3441	3447	3455	3458	3459	3501	3505	3514
	3525	3530	3534	3541	3547	3555	3558	3559	3601	3605	3614
	3625	3630	3634	3641	3647	3655	3658	3659	3701	3705	3714
	3725	3730	3734	3741	3747	3755	3758	3759	3801	3805	3814
	3825	3830	3834	3841	3847	3855	3858	3859	3901	3905	3914
	3925	3930	3934	3941	3947	3955	3958	3959	4001	4005	4014
	4025	4030	4034	4041	4047	4055	4058	4059	4101	4105	4114
	4125	4130	4134	4141	4147	4155	4158	4159	4201	4205	4214
	4225	4230	4234	4241	4247	4255	4258	4259	4301	4305	4314
	4325	4330	4334	4341	4347	4355	4358	4359	4401	4405	4414
	4425	4430	4434	4441	4447	4455	4458	4459	4501	4505	4514
	4525	4530	4534	4541	4547	4555	4558	4559	4601	4605	4614
	4625	4630	4634	4641	4647	4655	4658	4659	4701	4705	4714
	4725	4730	4734	4741	4747	4755	4758	4759	4801	4805	4814
	4825	4830	4834	4841	4847	4855	4858	4859	4901	4905	4914
	4925	4930	4934	4941	4947	4955	4958	4959	5001	5005	5014
	5025	5030	5034	5041	5047	5055	5058	5059	5101	5105	5114
	5125	5130	5134	5141	5147	5155	5158	5159	5201	5205	5214
	5225	5230	5234	5241	5247	5255	5258	5259	5301	5305	5314
	5325	5330	5334	5341	5347	5355	5358	5359	5401	5405	5414
	5425	5430	5434	5441	5447	5455	5458	5459	5501	5505	5514
	5525	5530	5534	5541	5547	5555	5558	5559	5601	5605	5614
	5625	5630	5634	5641	5647	5655	5658	5659	5701	5705	5714
	5725	5730	5734	5741	5747	5755	5758	5759	5801	5805	5814
	5825	5830	5834	5841	5847	5855	5858	5859	5901	5905	5914
	5925	5930	5934	5941	5947	5955	5958	5959	6001	6005	6014
	6025	6030	6034	6041	6047	6055	6058	6059	6101	6105	6114
	6125	6130	6134	6141	6147	6155	6158	6159	6201	6205	6214
	6225	6230	6234	6241	6247	6255	6258	6259	6301	6305	6314
	6325	6330	6334	6341	6347	6355	6358	6359	6401	6405	6414
	6425	6430	6434	6441	6447	6455	6458	6459	6501	6505	6514
	6525	6530	6534	6541	6547	6555	6558	6559	6601	6605	6614
	6625	6630	6634	6641	6647	6655	6658	6659	6701	6705	6714
	6725	6730	6734	6741	6747	6755	6758	6759	6801	6805	6814
	6825	6830	6834	6841	6847	6855	6858	6859	6901	6905	6914
	6925	6930	6934	6941	6947	6955	6958	6959	7001	7005	7014
	7025	7030	7034	7041	7047	7055	7058	7059	710		

**Norwich - Acle - Great Yarmouth** **7**  
**Great Yarmouth - Gorleston - Lowestoft - Kessingland - Southwold** **61**

Mondays to Saturdays	7A	7	7	7	7	7	7	7	7	7	7	7	7	7	7	7	7	7	7	7	7	7	7	7	
	NS																								
Norwich, Bus Station	0715	0800	0840	0910	0940	1010	1040	1110	1140	1210	1240	1310	1340	1410	1440	1510	1540	1610	1640	1715	1755	1840			
Norwich, Castle Meadow, Stand CB	0718	0805	0845	0915	0945	1015	1045	1115	1145	1215	1245	1315	1345	1415	1445	1515	1545	1615	1645	1720	1800	1845			
Norwich opp. Rail Stn, Thorpe Rd, Std DD	0721	0809	0849	0919	0949	1019	1049	1119	1149	1219	1249	1319	1349	1419	1449	1519	1549	1619	1649	1724	1804	1849			
Yarmouth Road, St. Andrews Avenue	0727	0815	0855	0925	0955	1025	1055	1125	1155	1225	1255	1325	1355	1425	1455	1525	1555	1625	1655	1730	1810	1855			
Yarmouth Road, Broadland Business Pk	0730	0818	0858	0928	0958	1028	1058	1128	1158	1228	1258	1328	1358	1428	1458	1528	1558	1628	1658	1733	1813	1858			
Acle, Kings Head	0800	0830	0910	0940	1010	1040	1110	1140	1210	1240	1310	1340	1410	1440	1510	1540	1610	1640	1710	1745	1825	1910			
Yarmouth, Market Gates	0825	0855	0925	0955	1025	1055	1125	1155	1225	1255	1325	1355	1425	1455	1525	1555	1625	1655	1725	1800	1840	1925			
most buses continue to Lowestoft, Kessingland and Southwold																									
Mondays to Saturdays	61	61	61	61	61	61	61	61	61	61	61	61	61	61	61	61	61	61	61	61	61	61	61	61	
	NS																								
Yarmouth, Market Gates, Stand H	0650	0730	0800	0830	0900	0930	1000	1030	1100	1130	1200	1230	1300	1330	1400	1430	1500	1530	1600	1630	1700	1730	1805	1845	1930
Yarmouth, Matalan	0653	0734	0804	0834	0904	0934	1004	1034	1104	1134	1204	1234	1304	1334	1404	1434	1504	1534	1604	1634	1704	1734	1809	1849	1934
Gorleston, High Street	0700	0743	0813	0843	0913	0943	1013	1043	1113	1143	1213	1243	1313	1343	1413	1443	1513	1543	1613	1643	1713	1743	1818	1858	1943
Gorleston, Church Lane	0702	0745	0815	0845	0915	0945	1015	1045	1115	1145	1215	1245	1315	1345	1415	1445	1515	1545	1615	1645	1715	1745	1820	1900	1945
Gorleston, Middleton Road	0704	0747	0817	0847	0917	0947	1017	1047	1117	1147	1217	1247	1317	1347	1417	1447	1517	1547	1617	1647	1717	1747	1822	1902	1947
James Paget Hospital	0706	0749	0819	0849	0919	0949	1019	1049	1119	1149	1219	1249	1319	1349	1419	1449	1519	1549	1619	1649	1719	1749	1824	1904	1949
Hopton, Lowestoft Road	0711	0754	0824	0854	0924	0954	1024	1054	1124	1154	1224	1254	1324	1354	1424	1454	1524	1554	1624	1654	1724	1754	1829	1909	
Tesco, Leisure Way, for P'wood Hills	0717	0800	0830	0900	0930	1000	1030	1100	1130	1200	1230	1300	1330	1400	1430	1500	1530	1600	1630	1700	1730	1800	1835	1915	
Gunton, Weston Road opp Shops	0720	0803	0833	0903	0933	1003	1033	1103	1133	1203	1233	1303	1333	1403	1433	1503	1533	1603	1633	1703	1733	1803	1838	1918	
Lowestoft, Fir Lane	0724	0807	0837	0907	0937	1007	1037	1107	1137	1207	1237	1307	1337	1407	1437	1507	1537	1607	1637	1707	1737	1807	1842	1922	
Lowestoft College, St. Peters St	0726	0809	0839	0909	0939	1009	1039	1109	1139	1209	1239	1309	1339	1409	1439	1509	1539	1609	1639	1709	1739	1809	1844	1924	
Lowestoft, Bus Station	0730	0813	0843	0913	0943	1013	1043	1113	1143	1213	1243	1313	1343	1413	1443	1513	1543	1613	1643	1713	1743	1813	1848	1928	
Lowestoft, Bus Station, Stand 9	0820	0850	0920	0950	1020	1050	1120	1150	1220	1250	1320	1350	1420	1450	1515	1550	1620	1650	1720	1750	1820	1850	1930	2030	2130
Lowestoft, opp. Rail Station	0823	0853	0923	0953	1023	1053	1123	1153	1223	1253	1323	1353	1423	1453	1518	1553	1623	1653	1723	1753	1823	1853	1933	2033	2133
Lowestoft, East Point Pavilion	0826	0856	0926	0956	1026	1056	1126	1156	1226	1256	1326	1356	1426	1456	1521	1556	1626	1656	1726	1756	1826	1856	1936	2036	2136
Pakefield, Tramway	0832	0902	0932	1002	1032	1102	1132	1202	1232	1302	1332	1402	1432	1502	1527	1602	1632	1702	1732	1802	1832	1902	1941	2041	2141
Pakefield, School (when open)													1433		1533										
Pakefield, Morrisons	0837	0907	0937	1007	1037	1107	1137	1207	1237	1307	1337	1407	1437	1507	1537	1607	1637	1707	1737	1807	1837	1907	1945	2045	2145
Pakefield, London Road, Pontins	0839	0909	0939	1009	1039	1109	1139	1209	1239	1309	1339	1409	1439	1509	1539	1609	1639	1709	1739	1809	1839	1909	1947	2047	2147
Kessingland, Field Lane	0842	0912	0942	1012	1042	1112	1142	1212	1242	1312	1342	1412	1442	1512	1542	1612	1642	1712	1742	1812	1842	1912	1950	2050	2150
Kessingland, Wash Lane	0844	0914	0944	1014	1044	1114	1144	1214	1244	1314	1344	1414	1444	1514	1544	1614	1644	1714	1744	1814	1844	1914	1952	2052	2152
Kessingland, Africa Alive	0847	0917	0947	1017	1047	1117	1147	1217	1247	1317	1347	1417	1447	1517	1547	1617	1647	1717	1747	1817	1847	1917	1955	2055	2155
Wrentham, Chapel Road	0853		0953		1053		1153		1253		1353		1453		1553		1653	1723NS	1753	1823NS	1853			2200r	
Wangford, Church	0859		0959		1059		1159		1259		1359		1459		1559		1659	1729NS	1759	1829NS	1859			2206r	
Reydon, Jermyns Road	0906		1006		1106		1206		1306		1406		1506		1606		1706	1736NS	1806	1836NS	1906			2212r	
Southwold, Kings Head	0909		1009		1109		1209		1309		1409		1509		1609		1709	1739NS	1809	1839NS	1909			2215	
Southwold, Pier	0912		1012		1112		1212		1312		1412		1512		1612		1712		1812						

Sundays & Bank Holidays	61	61	61	61	61	61	61	61	61	
Yarmouth, Market Gates, Stand H	0945	1045	1145	1245	1345	1445	1545	1645	1745	
Yarmouth, Matalan	0949	1049	1149	1249	1349	1449	1549	1649	1749	
Gorleston, High Street	0956	1056	1156	1256	1356	1456	1556	1656	1756	
Gorleston, Church Lane	0958	1058	1158	1258	1358	1458	1558	1658	1758	
Gorleston, Middleton Road	0959	1059	1159	1259	1359	1459	1559	1659	1759	
James Paget Hospital	1002	1102	1202	1302	1402	1502	1602	1702	1802	
Hopton, Lowestoft Road	1006	1106	1206	1306	1406	1506	1606	1706	1806	
Tesco, Leisure Way, for P'wood Hills	0912	1012	1112	1212	1312	1412	1512	1612	1712	1812
Gunton, Weston Road opp Shops	0915	1015	1115	1215	1315	1415	1515	1615	1715	1815
Lowestoft, Fir Lane	0918	1018	1118	1218	1318	1418	1518	1618	1718	1818
Lowestoft College, St. Peters St	0920	1020	1120	1220	1320	1420	1520	1620	1720	1820
Lowestoft, Bus Station	0924	1024	1124	1224	1324	1424	1524	1624	1724	1824
Lowestoft, Bus Station, Stand 9	0930	1030	1130	1230	1330	1430	1530	1630	1730	1830
Lowestoft, opp. Rail Station	0933	1033	1133	1233	1333	1433	1533	1633	1733	1833
Lowestoft, East Point Pavilion	0936	1036	1136	1236	1336	1436	1536	1636	1736	1836
Pakefield, Tramway	0941	1041	1141	1241	1341	1441	1541	1641	1741	1841
Pakefield, Morrisons	0945	1045	1145	1245	1345	1445	1545	1645	1745	1845
Pakefield, London Road, Pontins	0947	1047	1147	1247	1347	1447	1547	1647	1747	1847
Kessingland, Field Lane	0950	1050	1150	1250	1350	1450	1550	1650	1750	1850
Kessingland, Wash Lane	0952	1052	1152	1252	1352	1452	1552	1652	1752	1852
Kessingland, Africa Alive	0955	1055	1155	1255	1355	1455	1555	1655	1755	1855
Wrentham, Chapel Road	1001	1101	1201	1301	1401	1501	1601	1701	1801	
Wangford, Church	1007	1107	1207	1307	1407	1507	1607	1707	1807	
Reydon, Jermyns Road	1013	1113	1213	1313	1413	1513	1613	1713	1813	
Southwold, Kings Head	1016	1116	1216	1316	1416	1516	1616	1716	1816	
Southwold, Pier	1019	1119	1219	1319	1419	1519	1619	1719	1819	

- Codes**
- 7A Via Brundall, Blofield, Lingwood & Beighton or vice versa
  - In Orange Operates 5 minutes earlier on Wednesday (during school term)
  - In Blue Operates 5 minutes later on Wednesday (during school term), School Holidays & Saturdays
  - In Green Arrives 10 minutes earlier on Saturdays
  - NS Not Saturdays
  - In Purple Not Saturdays
  - S Saturdays only
  - Sch Schooldays only.
  - NSch Not schooldays.
  - r Drops off by request only.

Schooldays only	61B
	MTTF W
Pakefield, School	1525 1425
Pakefield, London Road, Pontins	1531 1431
<b>Kessingland, Africa Alive</b>	<b>1536 1436</b>
Kessingland, Beach	1541 1441

- Codes**
- MTTF - Mondays, Tuesdays, Thursdays and Fridays only
  - W - Wednesdays only

Service 7 does not operate on Sundays & Bank Holidays